

# Modern College Of Arts Science And Commerce

Ganesh Khind Road, Opposite Savitribai Phule Pune University Gate, Pune 411016

## Titles and Their Copies Department Physical Education Book Type Book

Sr.No	Title	Authors	Edition	Publisher	Copies
1	ACSM fitness book : a proven step by step program from the experts	Schwarzenegger , Arnold	3rd	Human Kinetics	1
2	Advanced fitness assessment and exercise prescription	Heyward , Vivian H.	3rd	Human Kinetics	1
3	Advanced fitness assessment and exercise prescription	Heyward , Vivian H.	5th	Human Kinetics	1
4	Anatomy of core stability : develop a strong core	Liebman ,. Hollis Lance	1st	Hinkler books	1
5	Anatomy of exercise : a trainer inside guide to your workout	Manocchia ,. Pat	-	Hinkler books	1
6	Anatomy of exercise : a trainer inside guide to your workout	Manocchia ,. Pat	1 st	Hinkler books	1
7	Anatomy of running: a guide to running right	Striano ,. Philip	1st	Hinkler books	1
8	Anatomy of Yoga : an insiders guide to improving your poses	Ellsworth, Abby	-	Hinkler books	1
9	Basketball : steps to success	Wissel , Hal	1st	Human Kinetics	1
10	Basketball skills and drills	Krause , Jerry V. / Meyer , Don / Meyer , Jerry	2nd	Human Kinetics	1
11	Coaching basketball successfully	Wootten , Morgan	2nd	Human Kinetics	1
12	Coaching volleyball successfully	Kus , Sally	1st	Human Kinetics	1
13	Coaching youth volleyball	American Sport Education Program	2nd	Human Kinetics	1
14	Coaching youth volleyball	American Sports Education Program	3rd	Human Kinetics	1
15	Complete conditioning for baseketball	Popovich , Gregg	1st	Human Kinetics	1
16	Contemporary sport management	Parks , Janet B. / Quarter man , Jerome / Thibault , Lucie	3rd	Human Kinetics	1
17	Cross-training for sports : programs for 26 sports	Moran , Gary T. / McGlynn , George H.	1st	Human Kinetics	1
18	Curve Ball : baseball , statistics and the role of chance in the game	Albert , Jim / Bennett , Jay	1st	Copernicus Books	1
19	Exercise testing and prescription lab manual	Acevedo , Edmund O. / Starks , Michael A.	1st	Human Kinetics	1
20	Fitness cycling : programs for all levels , interests and distances	Barry , Dede Demet	1st	Human Kinetics	1
21	Fitness cycling : programs for all levels , interests and distances	Barry, Dede Demet / Barry , Michael / Sovndal , Shannon	1st	Human Kinetics	1
22	Fitness professionnals handbook	Howley ,. Edward T. / Franks ,. Don B.	5th	Human Kinetics	1
23	Health , fitness and sports	A reader digest book	1	RDI Print and Pub. Pvt., Ltd	1
24	High performance cycling	Jeukendrup , Asker E.	1st	Human Kinetics	1
25	High scoring softball	Weekly , Ralph / Weekly , Karen	1st	Human Kinetics	1
26	Hit and run baseball	Delmonic , Rod	1st	Human Kinetics	1
27	Improve football techniques	Mal, Biru / Kaka, T. S.	1	NIS	1
28	Indian champions : profiles of famous indian sportsperson	Garg , Chitra	1st	Rajpal & Sons	1
29	Intramural recreation : a step-by-step guide to creating an effective program	Byl , John	1st	Human Kinetics	1
30	Massage anatomy	Ellsworth ,. Abby / Altman ,. Peggy	1st	Hinkler books	1
31	Measurement and evaluation in human performance	Morrow , James R. / Jackson , Allen W. / Disch , James G. / Mood , Dale P.	3rd	Human Kinetics	1
32	Modern volley ball	Dhanraj , V. Hubert	1	Sports authority of india	1
33	National games 94 : pune - bombay results	Sports Authority of India publication	1	Sports authority of india	1
34	Netball : step to success	Shakespear , Wilma	1st	Human Kinetics	1
35	NSCA essentials of personal training	Earle , Roger W. / Baechle , Thomas R.	1st	Human Kinetics	1

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36	Olympic Athense	Sawant, P.	1	National Sports Trust	1
37	Recreation and parks : the profession	Smissen , Betty Vander	1st	Human Kinetics	1
38	Research methods in physical activity	Thomas , Jerry R. / Nelson , Jack K.	6th	Human Kinetics	1
39	Rookie coaches volleyball guide	American Sport Education Program	1st	Human Kinetics	1
40	Science of coaching volleyball	McGown , Carl	1st	Human Kinetics	1
41	Snipes journal index: 1978- 1987	D Silva,louis	1	Sports authority of india	1
42	Softball : steps to success	Potter , Diane L. / Brockmeyer , Gretchen A.	2nd	Human Kinetics	1
43	Softball fundamentals : a better way to learn the basics	Noren , Rick	1st	Human Kinetics	1
44	Softball skills and drills	German , Judi	1st	Human Kinetics	1
45	Strength training	Muthiah, C. M.	1	Sports authority of india	1
46	Strength training anatomy	Deavier ,. Frederic	2nd	Human Kinetics	1
47	The art of chess	Reinfeld , Fred / Mason , James	1st	Goodwill Publishing House	1
48	The body sculpting bible for ABS : the way to physical perfection	Villepigue , James	1st	The Hatherleigh Press	1
49	The chess -players handbook	Howard, S.	1	New Light Pub.	1
50	The complete book of ayurvedic home remedies : a comprehensive guide to the ancient healing of India	Lad ,. Vasant	1st	Piatkus Books	1
51	The physical education handbook	Schmottlach , Neil / Mcmanama , Jerre	8th	Allyn bacon a person education company	1
52	The pitching edge	House , Tom	1st	Human Kinetics	1
53	Track and field fundamental techniques	Bosen, Ken O.	1	Sports authority of india	1
54	Training in sport : applying sport science	Elliott , Bruce ., Ed	1st	John Wiley and Sons Inc.	1
55	Training mannal: gymnastics	Singh , Bawa Gurdial	1	Sports authority of india	1
56	Training manual : Boxing	Gupta, T. L. / Sharma, R. K. / Sharma, Premnath	1	Sports authority of india	1
57	Training manual : cricket	Soni , Vinodkumar / Sharma, Naveen / Singh, Harpreetinder	1	Sports authority of india	1
58	Training manual : cycling	Singh, jagdev	1	Sports authority of india	1
59	Training manual : Football	Mall, Biru / Kaka ,T. S. / Malhotra, G. D. / Lodha, S. M.	1	Sports authority of india	1
60	Training manual : hockey	Singh, Harmik / Singh , Tejinder / Gill, Inderjitsingh	1	Sports authority of india	1
61	Training manual : judo	Sharma, J. G. / Sharma, Jeevan / Singh, Surat. / Sharma, Divya / Kaur, Tejinderjit	1	Sports authority of india	1
62	Training manual : mind training	Khan , H. A. / Khan , Manoranjani	1	Sports authority of india	1
63	Training manual : table tennis	Bose, Tapan / Mukerjee, Bhawani	1	Sports authority of india	1
64	Training manual : talent selection and initial training ( 8-12 years old children)	Singh Hardayal,	1	Sports authority of india	1
65	Training manual: badminton	Bhandari , P. K. / Sharma , M. K.	1	Sports authority of india	1
66	Training manual: weightlifting	Fortgalland, G. D. / Mokha, S. S. / Barika, G. B.	1	Sports authority of india	1
67	Training manual: wrestling	Sanga, S. R. / Yadav, O. P.	1	Sports authority of india	1
68	Who s who of Indian goldmedallist in international sports events 1928- 1986	Sports Authority of India publication	1	Sports authority of india	1
69	Worksite health promotion	Chenoweth , David H	2nd	Human Kinetics	1

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