MODERN COLLEGE OF ARTS, SCIENCE AND COMMERCE

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Titles List With No of Copies Department Physical Education Book Type Book

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| Sr.No | Title | Authors | Edition | Publisher | Copies |
|-------|--|--|---------|---------------------------------|--------|
| 1 | Advanced fitness assessment and exercise prescription | Heyward , Vivian H. | 5th | Human Kinetics | 1 |
| 2 | हार्टिताम्याजा वॉल - वॅडिमेंटन,कला कौशल्य व नियम | पटेल पुरूषोत्तम ग्वीमजी,/मोहाडीकर निवेदिता | 1 | Dipti Prakashan Pune | 1 |
| 3 | Curve Ball: baseball, statistics and the role | Albert , Jim / Bennett , Jay | 1st | Copernicus Books | 1 |
| 4 | of chance in the game Health , fitness and sports | A reader digest book | 1 | RDI Print and Pub. Pvt., Ltd | 1 |
| 5 | Improve football techniques | Mal, Biru / Kaka, T. S. | 1 | NIS | 1 |
| 6 | Indian champions : profiles of famous indian sportsperson | Garg , Chitra | 1st | Rajpal & Sons | 1 |
| 7 | विविध किडास्पर्धा ःआयोजन व स्वरूप | फटाले आणि पिंपळे | 1 | Utkarsh Prakashan | 1 |
| 8 | Modern volley ball | Dhanraj , V. Hubert | 1 | Sports authority of india | 1 |
| 9 | National games 94 : pune - bombay results | Sports Authority of India publication | 1 | Sports authority of india | 1 |
| 10 | Olympic Athense | Sawant, P. | 1 | National Sports Trust | 1 |
| 11 | Recreation and parks : the profession | Smissen , Betty Vander | 1st | Human Kinetics | 1 |
| 12 | Snipes journal index: 1978- 1987 | D Silva,louis | 1 | Sports authority of india | 1 |
| 13 | Strength training | Muthiah, C. M. | 1 | Sports authority of india | 1 |
| 14 | The art of chess | Reinfeld , Fred / Mason , James | 1st | Goodwill Publishing House | 1 |
| 15 | THe body sculpting bible for ABS : the way to physical perfection | Villepigue , James | 1st | The Hatherleigh Press | 1 |
| 16 | The chess -players handbook | Howard, S. | 1 | New Light Pub. | 1 |
| 17 | Track and field fundamental techniques | Bosen, Ken O. | 1 | Sports authority of india | 1 |
| 18 | Training mannal: gymnastics | Singh , Bawa Gurdial | 1 | Sports authority of india | 1 |
| 19 | Training manual : Boxing | Gupta, T. L. / Sharma, R. K. / Sharma, Premnath | 1 | Sports authority of india | 1 |
| 20 | Training manual : cricket | Soni , Vinodkumar / Sharma, Naveen / Singh, Harpreetinder | 1 | Sports authority of india | 1 |
| 21 | Training manual : cycling | Singh, jagdev | 1 | Sports authority of india | 1 |
| 22 | ! Training manual : Football | Mall, Biru / Kaka ,T. S. / Malhotra, G. D. / Lodha, S. M. | 1 | Sports authority of india | 1 |
| 23 | Training manual : hockey | Singh, Harmik / Singh , Tejinder / Gill, Inderjitsingh | 1 | Sports authority of india | 1 |
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| 27 | Training manual : talent selection and initial training (8-12 years old children) | Singh Hardayal, | 1 | Sports authority of india | 1 |
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| | Who s who of Indian goldmedallist in international sports events 1928- 1986 | Sports Authority of India publication | 1 | Sports authority of india | 1 |
| 32 | Worksite health promotion | Chenoweth , David H | 2nd | Human Kinetics | 1 |
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